



# Calmer Classrooms: Working with Traumatized Students

## Training information

**July 25, 2016**  
**1:00 to 4:00 pm**

Weitz Community Engagement  
Center (CEC) - Room 230 & 231  
Omaha, NE  
Park in Parking Lot E

There is **no cost to attend.**

**Please register by July 15:**

Email your name and email address to  
Kay Glidden at [kglidden@region3.net](mailto:kglidden@region3.net)

## Workshop Description:

Thirteen of every 30 students in a classroom will have toxic stress from 3 or more Adverse Childhood Experiences (ACE's). \* Toxic stress or trauma can involve events such as physical or emotional abuse, divorce, bullying, domestic violence, death in the family and medical trauma. Teen suicides doubled in Nebraska last year. Suicide is the second leading cause of death among youth ages 15-24, and the third leading cause for those 10-14 years old. Trauma can impact student learning, social interactions and self-regulation.

Teachers are not therapists but it is important to use a universal classroom management approach since we do not always know which students have trauma. This training will discuss how trauma affects students, the ACE's study, how to create a safe environment for all students and ways to avoid re-traumatizing practices. Specific classroom tools and strategies will be discussed to help staff engage all students in the learning process and support emotional self-regulation.

\*Source: Washington State Family Policy Council

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## What our participants say:

*"This training really helped me think outside the box when it comes to understanding children's behaviors as well as my own. Extremely eye opening."*

*"I am going to change my responses to be trauma-informed and adopt these classroom strategies for the students."*

*"Good suggestions of positive changes we can make in our classrooms."*

*"The classroom regulation techniques were wonderful."*

## About the trainers:

Kay Glidden, M.S. is the Assistant Regional Administrator of Region 3 Behavioral Health Services in Kearney, Nebraska and the Training Coordinator for the Behavioral Health Education Center (BHECN Kearney). She holds a Bachelor of Arts Degree from Augustana College in Sioux Falls, South Dakota and a Master of Science Degree in Education from Indiana University, Bloomington. For the last 19 years she has worked in the Nebraska public behavioral health system as supervisor, Human Resource Specialist, and trainer.

Jenny Brown, M.S. is an active member of the internal Trauma Informed Care team at Region 3 Behavioral Health Services, she also participates in the Regional Trauma Informed Care Team, and she served as a member of the National Learning Community for Trauma Informed Care. Jenny holds a Bachelor of Science degree from the University of Nebraska at Kearney and a Master of Science degree in Education (Counseling and Student Affairs) from UNK.

Training provided by Operation Youth Success (OYS) and the Juvenile Alternative Initiative (JDAI) - Omaha.