

Nebraska Chapter

Chapter co-chairs:

- Aileen Brady
- Jennifer Moffett

nebraska@afsp.org

www.afsp.org/nebraska



AMERICAN FOUNDATION FOR
Suicide Prevention



RESEARCH

We investigate the causes of suicide to discover the best ways to prevent it.

- This year we've invested over \$4 million dollars in new studies—funding a combination of Focus Grants that identify and target the most impactful prevention strategies, and Innovation Grants that uncover new areas of inquiry and stimulate future suicide research.
- Through our Research Connection Program, leading researchers visit local communities to present their AFSP studies, and discuss the implications for prevention.



EDUCATION & PREVENTION

We raise awareness and take action to save lives.

- Our Talk Saves Lives program teaches risk factors and warning signs, and provides prevention strategies.
- Our school-based education programs (More than Sad, It's Real) teach students and teachers about depression and how to connect to help.
- The Interactive Screening Program (ISP) is a groundbreaking tool used by institutions of higher education, organizations, and workplaces as a method of connecting individuals with significant barriers to help-seeking to available mental health services before crises emerge.



ADVOCACY & PUBLIC POLICY

We work with public officials on legislation and policies that aim to improve mental health and prevent suicide.

- We organize Nebraska State Capitol Day and our annual Advocacy Forum in Washington, D.C., in which our chapter volunteers and staff encourage federal and state legislators to take action.
- We now have over 5,000 advocates, representing all 50 states, who successfully support expansion of school suicide prevention training and policy requirements across the country.



SUPPORT

We provide support to those who have been affected by suicide and suicide loss.

- Our lived experience initiatives provide information and opportunities to those who have made a suicide attempt and their families to promote recovery and provide hope.
- Through programs like International Survivors of Suicide Loss Day, held in over 330 cities around the world and broadcast online, we provide support and community for loss survivors everywhere.
- The Survivor Outreach Program is a network of loss survivors who connect with those who have recently lost a loved one to suicide. The program now offers visits with the recently bereaved by phone, in-person and online.

Thank you for supporting
AFSP's goal to reduce
suicide 20% by 2025!



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