



Brain Balance of Omaha: 2974 S 84th Street (84th & Center)

Brain Balance of West Omaha: 180th & Pacific

www.brainbalancecenters.com **1-800-877-5500**

Helping Children with Behavior, Attention, Academics & Social Skills Struggles

Brain Balance establishes a unique plan for each child that includes sensory motor work, eye tracking, core exercises, academic skill training, healthy nutrition and many other activities that work to bolster a child's developmental deficits. What is unique is that Brain Balance brings all these activities together in one program, including monitoring and reporting on a child's progress.

It is a coordinated and systematic approach that is hard, if not impossible to find elsewhere. Many tell us that it's the first time they have had a comprehensive, integrated plan that is set in place, tracked and reviewed for their child.

Continuous Support For You and Your Child

Brain Balance is here to support you and your child every step of the way. Your Brain Balance Center is always available to help and you should never hesitate to contact the Center with questions or concerns. We not only want to hear from you, we also want to keep you apprised of how your child is doing over the course of the program.

We Keep You Informed and Provide Complete Guidance

Parent conferences occur every 12 sessions, after you complete the program and one-year post assessment. Once your child's plan is set, there are conferences along the way to continuously monitor and report back on progress.

Our Program Guide will provide you with information on every aspect of the program. Exercise videos and Brain Balance musical compositions are all easily accessible and downloadable from the Program Guide site.

Balance 360, our clean eating nutrition system, is also available in your Program Guide. You'll find meal planning, tracking and reporting forms, grocery shopping tools, suggested recipes, much more.