



Southwest-5321 South 138th Street

402.895.4000

Northwest-2010 North 88th Street

402.496.1000

crccomaha.org

Community Care Coordinator

402.895.4000

The Mission of Children's Respite Care Center is to provide comprehensive services and family support to medically fragile, developmentally delayed, physically challenged and mental health/behaviorally diagnosed children and their families by providing services that evoke maximum potential and foster the development of intellectual and social competence.

Committed to the belief that medical challenges and developmental disabilities should not prevent children from having quality childhood experiences or from reaching their full potential, CRCC opened its first facility 17 years ago serving children with special needs and their families in our community. CRCC provides comprehensive care through Day Services, Educational Support, Skilled Nursing, Behavioral Health, Overnight Weekend and Saturday Respite, Rehabilitation Therapy, and Summer Camp.

Behavioral Health Outpatient Services

- Individual, family and group therapy offered in our outpatient office and/or in partnership with Project Harmony's Connections School Program.
- Our licensed mental health therapists provide treatment to children/adolescent and transition age population focused on ages 5-25
- CRCC's primary population is children with special needs, including Autism, developmental disabilities etc., but we treat all kids who have mental health, behavioral health, and developmental diagnosis.

Outpatient Therapy: Evidence Based Practices

- Parent-Child Interaction Therapy (PCIT)
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- Child and Family Traumatic Stress Intervention (CRTSI)
- Alternatives for Families Cognitive Behavioral Therapy (AF-CBT)
- Play Therapy
- Child-Parent Psychotherapy (CPP)
- Eye Movement Desensitization Reprocessing Therapy (EMDR)
- Dialectical Behavior Therapy (DBT)
- Circle of Security Parenting Group (COS-P)
- AutPlay Therapy