



965 Patricia Drive Papillion, NE 68046, 9239 West Center Road Omaha, NE 68124

402-932-7788 and 402-614-2242 www.daybreakbehavior.com

Contacts: Melissa Ellison, LMHP-Intake related, Heather Kelley, MS-Level 3 School related inquiries.

mellison@daybreakbehavior.com hkelley@daybreakbehavior.com

Our Services:

- Outpatient Services-we serve children, adolescents and adults. Therapy services offered: Parent Child Interactive Therapy (PCIT), Attachment Focused PCIT (IoWA-PCIT), Cognitive Behavioral Therapy (CBT), Trauma Focused CBT, Eye Movement Desensitization & Reprocessing (EMDR), Child Parent Psychotherapy (CPP).
- Afterschool Intensive Outpatient (IOP) services serving children ranging in age from 5-10. The IOP program runs 2 hours/day, Monday thru Friday during the school year.
- Day Treatment Services-treatment for children between the ages of 2-10. We operate a trauma informed treatment model developed based on the techniques taught in PCIT. Children treated at this level have significant behavioral issues and have been typically been asked to leave childcare/preschool settings or have had significant behavioral challenges in school. In addition to treating the presenting behavior we also identify and treat the underlying cause of the behaviors. Some of the children we treat have suffered from trauma, attachment related issues, neglect and abuse.
- Family Therapy-required at the IOP & Day Treatment Level of Care.
- Individual Therapy is included in all of our services
- Group Therapy
- Teacher Child Interactive Training (TCIT) available to elementary school districts.

Intake Process:

Call for initial screening with our Intake Coordinator, Melissa Ellison, MS, LMHP. During that call we will determine if we are the right agency to help you and if so, will schedule clinical assessments to determine level of care recommendation.

Funding Sources:

Medicaid (O/P, IOP and D/T contracts in place), Title XX, We also accept all major private insurances and have facility level agreements in place with most of the carriers, Level 3 school funding.

Level 3 School: Daybreak is a certified by the NE Department of Education as a Level 3 School. Special Education Teachers are on staff at both locations. We treat children ranging from Kindergarten through 5th grade.

Collaboration: We strive to work as a team with schools, parents, caregivers, physicians, and other professionals or service providers working with our clients. A comprehensive care plan is developed, in collaboration with team members, outlining all services and treatment interventions. We communicate significant changes in children's treatment status and request information from other members of the treatment team.

