Since 1875, it has been the mission of Heartland Family Service to strengthen individuals and families in our community through education, counseling, and support services. Today, we serve over 30,000 people of all ages — from the infants in our Family Works program to the seniors in our Generations Center — annually from 18 locations in east central Nebraska and southwest Iowa.

With more than 50 programs in our organization, we are able to hand-craft an integrated, multi-service approach that guides our clients toward safety, well-being, and, ultimately, self-sufficiency. Most of our services are offered for free or on a sliding fee scale.

When life improves for one of us, life improves for all of us. We all matter.
COUNSELING & PREVENTION

Assertive Community Treatment (IA)
Multi-disciplinary support for adults with chronic mental illness.

Assessment Center (NE)
Walk-in mental health and substance abuse evaluations for adults and youth.

Better Together (NE)
Intensive outpatient treatment for parents.

Child & Family Center (IA)
Enhanced therapeutic counseling for children ages birth-18 and their families.

Employee Assistance Program (IA/NE)
Brief counseling referrals for area business employees.

Family Workshops (IA/NE)
Residential substance abuse treatment for pregnant women and mothers with children.

Healthy Alternatives for Little Ones - HALO (National)
Fun summer leadership and arts programming for girls ages 5-18.

Ruth K. Solomon Girls Summer Enrichment Program (NE)

Helps refugee youth and parents successfully complete juvenile diversion.

Refugee Juvenile Justice Advocate (NE)
Academic, social, emotional, and material support to refugee families to help prepare preschoolers for kindergarten.

Positive Parenting Group (NE)

Ready In 5 (NE)

Refugee Juvenile Justice Advocate (NE)
Helps refugee youth and parents successfully complete juvenile diversion.

Ruth K. Solomon Girls Summer Enrichment Program (NE)
Fun summer leadership and arts programming for girls ages 5-18.

Victim Empathy Program (NE)
Classes and offender mediation.

Youth Links (NE)
Staff-secure crisis stabilization center for young men ages 10-18. Residential services require referral from Nebraska Families Collaborative, probation, or court.

COUNSELING & PREVENTION

Domestic Violence/Sexual Assault (NE)
• Criminal justice advocacy
• Safe Haven emergency and transitional shelter
• Therapy and support groups for victims and survivors
• Choosing Nonviolence Men’s Batterers Group
• Women’s Turning Point Group

24-Hour Crisis Line/Emergency Response | 800-523-3666

Hardship Assistance (NE)
Referral services and brief financial aid. Career Clothing Closet available at North Office and Donation Center at Sarpy Office.

Heartland Homes (IA)
Permanent supportive housing for homeless individuals and families with disabilities.

Homeless Street Outreach (IA/NE)
Case management services to help homeless individuals living on the streets locate permanent housing and address basic needs.

Permanent Supportive Scattered-Site Housing (IA/NE)
Housing and support services to help individuals who are literally homeless.

Pottawattamie County Homeless Link (IA)
Short-term financial assistance for individuals at risk of becoming homeless, support services for homeless individuals with severe mental illness, and case management.

Rapid Rehousing (IA/NE)
Temporary financial assistance (1-12 months) and case management for individuals and families experiencing homelessness.

Transitions (IA)
Permanent supportive housing for individuals and families who are homeless.

Ways to Work (IA/NE)
Low-interest auto loans for eligible parents in five counties in Iowa and Nebraska.

NOTICE: Heartland Family Service complies with all applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or gender, gender identity, or any other individual characteristic.

ATTENTION: If you speak limited English, language assistance services, free of charge, are available to you. Call (402) 552-7400 | TTY: 711

ATENCION: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (402) 552-7400 | TTY: 711

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số (402) 552-7400 | TTY: 711