Methodist Hospital Community Counseling Program

Main Address: 9239 W Center Rd. Suite 201 Omaha NE 68124
Phone: 402-354-6891
www.bestcare.org/ccp

Mission:
To bring professional counseling services closer to youth and families, where they live and learn.

About Us:
The Community Counseling Program has been a collaborative effort of Methodist Hospital Foundation, Omaha Public Schools and participating churches since 1996. Methodist Hospital Foundation provides funding for a team of experienced State of Nebraska licensed mental health practitioners. Omaha Public Schools provides office space for the counselors to meet with students. Nearby churches also provide offices for the counselors to meet with students’ families or other members of the community at a convenient neighborhood location.

Community Counseling Program services include:

**Crisis Interventions:** Assistance is provided for individuals who are experiencing a personal or family crisis.

**Professional Consultations:** Guidance is provided to school faculty, parents or other family caretakers, and church clergy or staff seeking solutions for those in need.

**Individual Counseling:** One-on-one sessions are held with youth and adults to address social, emotional, behavioral or mental health issues.

**Marital and Family Counseling:** Couples and families work in counseling sessions to promote their understanding, communication, cooperation and joint resolution of problem issues.

**Group Counseling:** Counseling is provided for a group made up of members who share similar concerns.

**Educational Presentations:** Educational programs are provided by the counselors to enhance awareness of mental health issues, increase informed choices and actions, prevent problems, increase community support and initiate positive change.

Cost:
Methodist Hospital Community Counseling Program accepts payment from Medicaid, private insurance, or self-pay. Financial assistance is available. There is no charge for consultation, or education services.

**Current Counseling Locations:**
Community Counseling Program services are offered at 12 Omaha Public Middle Schools, 8 Omaha Public High Schools, and 12 community locations.