



# OMNI Behavioral Health

SPECIALISTS IN COMMUNITY SERVICES

**Website:** [www.omnibehavioralhealth.com](http://www.omnibehavioralhealth.com)

**Facebook:** [www.facebook.com/omnibehavioralhealth](http://www.facebook.com/omnibehavioralhealth)

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## Eating Disorders Program

Our mission is to provide comprehensive, individualized evaluation and treatment for individuals diagnosed with Anorexia Nervosa, Bulimia Nervosa and Binge Eating Disorder, as well as other disordered eating. In addition, we work with individuals wishing to establish weight control programs. Sports nutrition and exercise prescription are unique services offered within our program as well. Evaluation and treatment will be based on current scientific knowledge and will be interdisciplinary in nature. We offer Partial Hospitalization, Intensive Outpatient, and Outpatient services. An eating disorder support group is also available.

**Contact:** Brandy Baumgart, LIMHP  
402.397.9866 ext. 116

## Intensive Treatment Mobility Services

Intensive Treatment Mobility Services (ITMS) is a team behavioral consultation for individuals who have an intellectual disability and other behavioral impairments. To qualify for this program, the individual must be experiencing behavioral difficulty in their residential or work setting. The OMNI ITMS staff will work with the residential or vocational team on identifying the problem as well as creating and implementing solutions. An ITMS team consists of four staff members: licensed psychologist, licensed therapist, and two bachelor's level implementation specialists.

**Contact:** Kate Sorrell, LICSW  
402.397.9866 ext. 139

## Vocational Services

Vocational Services is a community-based program which enhances the employment skills of individuals with developmental disabilities and/or mental illness. Vocational Services provides supported employment and vocational habilitation at several sites in the Omaha area such as animal shelters, food pantries, nursing homes, clothing closets, churches, bakeries, and coffee shops. Job coaches provide support to individuals in supported employment and vocational habilitation. The volunteer work sites provide opportunities for individuals to strengthen already existing vocational skills and learn new skills.

**Contact:** Teresa Ward, MS  
402.397.9866 ext. 166

## Foster Care

Foster Care is out of home placement for a wide variety of youth. The foster care program has the capacity to care for a wide range of youth. The goals of the youth in care are either reunification with family, guardianship or adoption, or independent living. Care is delivered in private homes with specially trained foster parents. Each youth receives individualized attention from an OMNI Foster Care Specialist who is responsible for coordinating various services while in our care. OMNI will also provide additional therapeutic support to the biological and foster family as well as youth in our care.

**Contact:** Kendal Osbahr, LIMHP  
402.397.9866 ext. 106

## Intensive Family Preservation

Intensive Family Preservation (IFP) is a 6 or 15-week team approach service that provides therapeutic and skill-building interventions within the home. The major goal of the program is to prevent an out-of-home placement of the youth or reunify families and stabilize placement. Services are available 24 hours per day, 7 days per week for crisis consultation and response.

**Contact:** Kate Sorrell, LICSW  
397.9866 ext. 139

## Youth Residential

OMNI Behavioral Health has a group living facility for youth 14-18 years old who require intensive community based treatments. This facility is designed to serve youth who present disorders of mood as well as co-occurring disorder such as substance abuse, chronic physical illness, learning disabilities and problems related to sexual acting out. The highly structured facility provides monitoring, surveillance and supervision of each youth as they learn more socially adaptive behaviors required for successful community living.

**Contact:** Shannon Sieck, LICSW  
402.319.3429

## Family Support

Family Support Services are utilized to provide skill development/acquisition and establish informal and formal supports for children and families. Family Support specialists provide services to the family in their natural environments which may include home, school and the community. These services include training families to use appropriate coping skills, appropriate discipline, or other specific interventions.

**Contact:** Amanda Hall, BS  
402.397.9866 ext. 154

## Extended Family Homes

Extended Family Homes (EFH) is a great way of supporting and assisting someone with an intellectual disability or severe and persistent mental illness. The individuals are matched with OMNI EFH subcontractors by skilled OMNI staff. The EFH home providers receive extensive support, training and on-going oversight in order to support and assist the individual with the service.

**Contact:** Ashlee Trapp, BS  
402.397.9866 ext. 130

## CBAR and Therapeutic Services

CBAR (Community Based Alternative to Residential Treatment) is a program which provides a residential-level of therapeutic treatment services, but in the community/home setting. Services are delivered to individuals and parents/caregivers interacting with the youth by a licensed clinician and highly skilled, educated and trained paraprofessional, and are overseen by a licensed psychologist. Services typically involve multiple individuals and family therapy sessions per week, as well as Community Treatment Aid (CTA) hours. CTA services are supportive and psychoeducational interventions provided to improve the youth's level of functional within their environment and to enhance the caregivers ability to manage the youth's symptoms related to their mental health or substance abuse diagnoses. Services may also involve additional methods for supervision, surveillance, and monitoring.

Additionally, office and home-based therapy services of any intensity and duration can be individualized to meet the needs of the client. OMNI therapists have many years of experience and training and can assist persons with difficulties as a family issues to aggression, hyperactivity, anxiety, depression, withdrawal behaviors and suicidal ideation. Therapists are also qualified to treat all major mental illnesses.

**Contact:**

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Omaha office

Jamie Monfelt-Siems, LIMHP  
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Greater Nebraska office

## Office Locations

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**Lincoln Office:**

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**Eating Disorder Clinic:**

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